



## Life Saving CPR and First Aid Classes

The Maumee Fire Division is now an American Heart Association Training Site offering classes in life-saving CPR skills and First Aid.

If a family member, friend or infant in your care had a cardiac or first aid emergency could you recognize the signs and respond quickly and appropriately?

The Maumee Fire Division is offering the following American Heart Association courses to teach you lifesaving skills.

- BLS (Basic Life Support) Healthcare Provider
- Heartsaver CPR/AED
- Heartsaver First-Aid
- Friends & Family CPR

All classes are taught by a Certified American Heart Association Instructor from the Maumee Fire Division

- Class size is limited to 20 students
- Registration for all classes is required.

For additional information please contact Maumee Fire at [CPRtraining@maumee.org](mailto:CPRtraining@maumee.org) or 419-897-7057

### **Basic Life Support for Healthcare Providers**

**Cost:** \$65.00, payable by cash or check at time of registration

**Course Content:** The Basic Life Support (BLS) for Healthcare Providers (HCP) Course is a video-based, Instructor-led course that teaches both single-rescuer and team basic life support. This course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

**Primary Audience:** This course is for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in- and out- of hospital settings. This audience includes nurses, physicians, EMS professionals, students in a healthcare program at a university/college, allied health professionals (physical therapists, occupational therapist, athletic trainers, etc.) and others who may need training in basic life support skills.

### **Heartsaver CPR/AED**

**Cost:** \$55.00, payable by cash or check at time of registration

**Course Content:** Heartsaver CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. Optional modules include child CPR and AED use, infant CPR and child and infant choking.

**Primary Audience:** This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements.

### **Heartsaver First Aid**

**Cost:** \$35.00, payable by cash or check at time of registration

**Course Content:** Heartsaver First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. In this course, students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

**Primary Audience:** These courses are for anyone with limited or no medical training who needs a course completion card in First-Aid to meet job, regulatory or other requirements.

### **Family & Friends CPR**

**Cost:** \$10.00

**Course Content:** The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only™ CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant.

**Primary Audience:** Family & Friends CPR is for people who want to learn CPR but does not need a course completion card in CPR for their job. This course is ideal for schools and students, parents, grandparents, babysitters and others interested in learning how to save a life.